

The Road To The CANADIAN CULINARY CHAMPIONSHIPS

# GOLD MEDAL PLATES



Chef Patrick Garland has been selected as one of the top chefs in Ottawa. He will be competing in an exclusive gala event in support of Canada's elite athletes who are preparing for the 2016 Rio Olympic Games.

# Patrick Garland

## Absinthe Café

### Ottawa's Top Competing Chefs

KATIE BROWN  
ARDINGTON  
*Beckta Dining and Wine*

PATRICK GARLAND  
*Absinthe Café*

PIERRE LORTIE  
*Le Baccara, Casino  
Lac-Leamy*

KYLE MORTIMER -  
PROULX  
*Lowertown Brewery*

KYRN STEIN  
*Social Restaurant*

RYAN EDWARDS  
*Salt Dining + Lounge*

STEPHEN LA SALLE  
*The Albion Rooms*

JOHN MORRIS  
*le café, National Arts  
Centre*

MICHAEL RADFORD  
*The Whalesbone Oyster  
House*

STEVE WALL  
*Supply and Demand*

Monday, November 17th  
Ottawa Convention Centre

@goldmedalplates #gmp2014

For more information please visit  
[www.goldmedalplates.com](http://www.goldmedalplates.com)

Net proceeds from Gold Medal Plates are given to the Canadian Olympic Foundation which supports the Own the Podium program. To date, over \$8.2 million has been raised.